FAREWELL TO THE GREAT FILIPINO BASKETBALL LEGEND

Carlos “Caloy” Loyzaga, 85

MANILA, Philippines – Notes of mourning welled in social media following the news of Carlos “Caloy” Lozaga’s fall to cardiac arrest. He was 85.

Loyzaga, arguably the greatest Filipino to ever play the game of basketball, died Wednesday, January 27, around 7 a.m. at the Cardinal Santos Medical Center.

The 6-foot-3 Loyzaga commanded various editions of the Philippine national basketball teams into the Asian Games in in the late 1950s and in the FIBA Asia championships during the early 1960s. He also played in the Olympic Games twice.

Highly regarded was Loyzaga’s all-around and equally clean play that it became a subject of many memoirs and discussion by many Philippine basketball pundits. But he will always be remembered as the “Big Difference” who made an indelible mark in behalf of the (Continued on page 3)

Pacquiao likens gays to animals, draws flak

THE NBA ALL-STAR WEEKEND

Toronto hugs the world’s sport stage

It was only fitting that National Basketball Association (NBA) all-star weekend was finally held on Canadian soil in its biggest city Toronto, home of the only Canadian NBA basketball team - the Raptors.

But more than that, the sports fest of February 12,13 and 14 serves to (Continued on page 8)

ROYAL VISIT: Healing the wounds of war

Story on page 6

MANILA, Philippines – Notes of mourning welled in social media following the news of Carlos “Caloy” Lozaga’s fall to cardiac arrest. He was 85.

Loyzaga, arguably the greatest Filipino to ever play the game of basketball, died Wednesday, January 27, around 7 a.m. at the Cardinal Santos Medical Center.

The 6-foot-3 Loyzaga commanded various editions of the Philippine national basketball teams into the Asian Games in in the late 1950s and in the FIBA Asia championships during the early 1960s. He also played in the Olympic Games twice.

Highly regarded was Loyzaga’s all-around and equally clean play that it became a subject of many memoirs and discussion by many Philippine basketball pundits. But he will always be remembered as the “Big Difference” who made an indelible mark in behalf of the (Continued on page 3)

Manny Pacquiao: Pambansang Kamao to Pambansang Kahihian?

See COUNTERPOINT page 4

Story on page 3
Still Offering FREE Remittances

Para sa pagpadala ng pera – Libre ito!

Visit us at luminusfinancial.com to find out more or to sign up today.

Due to high demand, we have extended the promotion for an indefinite period of time!
**Manila Feedback**

**Binary drops in survey, Duterte and Poe tied 2nd place**

Administered candidate Mar Roxas drops in the latest SWS survey

**Binary**

MANILA, Philippines – Rodrigo Duterte’s numbers improved to catch up with Senator Grace Poe at 2nd place while survey leader Vice President Jejomar Binay’s slightly dropped in a new survey that continue to indicate a tight race for the presidency.

Poe’s numbers remained flat at 24%, Duterte also got 24% but this was a significant 4-percentage points increase from his 20% in a January 2016 survey, based on the Business World – Social Weather Stations (BW-SWS) survey on February 5 that deducted among 1,200 validated voters.

The survey shows that Binary (29%), who remained number one, is now just 5 points ahead of Duterte and Poe although the survey’s 3-percentage-points error margin puts the 3 candidates in a possible tie.

The error margin puts Binary’s numbers from 26% to 32%, which overlaps with Poe and Duterte’s numbers between 21% to 27%.

The new survey is a deviation from Binary’s performance in the last two SWS surveys, conducted in December 2015 and January 2016, where he appeared to have recovered from a downward spiral between November 2014 to November 2015. He enjoyed a high of 37% in November 2014 and suffered a low of 21% in November 2015.

Binary registered an improve- ment in the December 2015 SWS survey (26%) and the succeeding January 2016 survey (31%).

Administration candidate Manuel “Mar” Roxas II dropped to 4th place, getting the approval of 18% of the respondents from 21% in January. The 3-percentage-points decline is significant considering the survey’s error margin.

Senator Miriam Defensor– Santiago received a mere 4%.

For the vice presidential race, Senator Francis Escudero lost the top spot.

In the senatorial race, Senator Grace Poe remained flat at 26%.

**Escudero slips; Marcos tied with him for No. 1 – SWS**

It’s the first time that Senator Escudero lost the lead in surveys. The numbers of Leni Robredo and Alan Peter Cayetano rose by 2 points, from 17% in January to 19% in February, BW-SWS said.

Senator Alan Peter S. Cayetano’s numbers increased, too, from 14% in January to 16% in February.

Senator Gregorio “Gringo” B. Honasan II got 6% (from 8% in January), while Senator Antonio F. Trillanes IV had 5% (from 3% in January), according to BW-SWS.

For the presidential race, Vice President Jejomar Binay’s numbers slipped while Rodrigo Duterte’s rose, putting the Davao mayor in 2nd place with Senator Grace Poe.

Senator Francis Escudero, meanwhile, now shares the lead in the vice-presidential preference survey with Senator Ferdinand Marcos Jr. – Rappler.com

Loyzaga, a former San Beda Red Lion, went on to coach the University of Santo Tomas’ women’s basketball team in the collegiate arena. He also mentored U-Tex and Tanduay during the early years of Asia’s first pay-per-play league, the Philippines Basketball Association.

TO ADVERTISE please email at filipinonewswaves@gmail.com

**Pacquiao likens gays to animals, draws flak**

By: DJ Yap, Marc Jayson Cayabyab, Ramon Royandoyan, Tarra Quismundo

“I’m sorry…” - Pacquiao

WORLD boxing champion Manny Pacquiao has drawn a flurry of jab, hooks and uppercuts from various groups after describing gay couples, lesbians and transgenders as “worse than animals.”

Interviewed by TV5 for its “Bilang Filipino” election coverage, the Sarangani representative said “common sense” would show there were no animals which engaged in sex with those of the same gender.

By analogy, then, if persons engage in same-sex relations, they are worse than animals, Pacquiao said.

“It’s only common sense,” Pacquiao said in Filipino. Wouldn’t you see any species of animals engaging in male-to-male, female-to-female (sexual) relations? Animals, then, are better than humans. They know how to distinguish males from females.

“If people engage in male-to-male, female-to-female relations, they are worse than animals,” he added.

**Apology**

As his remarks touched off a firestorm of criticisms, the world champion issued an apology.

“I’m sorry for hurting people by comparing homosexuals to animals. Please forgive me for those I have hurt,” Pacquiao said in a statement. “I still stand by my belief that I’m against same-sex marriage because of what the Bible says, but I’m not condemning (lesbian, gay, bisexual and transgender).”

I love you all with the love of the Lord. God bless you all and I’m praying for you.”

“I apologize if I hurt the feelings of those who belong to the LGBT community. I feel that as a leader it is my moral responsibility to tell and stand by what is right and what I believe is true. I respect LGBT rights and I have nothing personal against them. But I hope they will also understand my own stand and believe regarding the issue.”

“My mistake was inhaiming kong yon ta sa hayop at I sincerely apologize for that…”

At press time last night, he was reportedly hosting dinner for the local LGBT group.

**Homosexual animals**

Despite Pacquiao’s claim of common sense, however, studies have shown that even animals engage in homosexual behavior.

A “born again” Christian pastor, Pacquiao made the statement in the campaign for his senatorial candidacy under the banner of the United Nationalist Alliance (UNA).

Pacquiao has missed the campaign trail to prepare for his fight with American Timothy Bradley in April. But he has ranked high in the voters preference polls, getting into the “Magic 12” of senators in the coming elections.

The video of the interview has gone viral on social media, garnering over 1.1 million views.ネットン on Twitter were quick to react.

“Hope the LGBT community spearheads a campaign to keep Pacquiao off the Senate. We don’t need another bigot there,” Cecilia (@ceso) said.

“Imagine how many gay boxers there,” Cecila (@ceso) said.

**(Continued on page 6)**

**SOLID NORTH? Senator Ferdinand Marcos Jr barnstorms in northern Luzon. File photo by Jansen Diday.**

MANILA, Philippines (UPDATED) – Senator Ferdi- nand “Bongbong” Marcos Jr is now tied with Senator Francis Escudero for the top spot in the vice presidential race, based on a February 5 survey conducted by Business World and the Social Weather Stations (SWS).

Both are now at 26%, according to survey results released early Monday, February 15, in BusinessWorld.

This is the first time that Escudero lost the lead since September 2015, when BW-SWS started conducting pre-election surveys, Business World said. Escudero was at 28% in the January 2016 BW-SWS survey.

Escudero (20%) enjoyed up to 13-percentage-point lead over Marcos (7%) in September 2015, but it was a time when Marcos was still reportedly considering a presidential run. Marcos’ numbers showed double-digit increase (7% to 24%) after he filed his certificate of candidacy while Escudero gained additional 10% in the November survey. Escudero has since showed consistent decline while Marcos’ numbers proved to be erratic.

Marcos’ new numbers didn’t grow much from January, however. They just increased from 25% in January to 26% in February 2016. The survey has a 3-percentage-point error margin.

Camarines Sur Rep. Maria Leonor “Leni” G. Robredo was up 2 points, from 17% in January to 19% in February, BW-SWS said.

Senator Alan Peter S. Cayetano’s numbers increased, too, from 14% in January to 16% in February.

Senator Gregorio “Gringo” B. Honasan II got 6% (from 8% in January), while Senator Antonio F. Trillanes IV had 5% (from 3% in January), according to BW-SWS.

For the presidential race, Vice President Jejomar Binay’s numbers slipped while Rodrigo Duterte’s rose, putting the Davao mayor in 2nd place with Senator Grace Poe.

Senator Francis Escudero, meanwhile, now shares the lead in the vice-presidential preference survey with Senator Ferdinand Marcos Jr. – Rappler.com

**(Continued from page 1)**

Carlos “Caleo” Loyzaga, 85

country in the 1954 FIBA World Championships (now the basketball World Cup), by making the tournament’s Mythical Team and securing a Bronze medal.

Catch the Waves online at: www.filipinosmakingwaves.com

**Toronto’s “FEEL GOOD” Filipino Community Newspaper**

For AD inquiries: 647-718-1360

online at: www.filipinosmakingwaves.com

February 2016

**Filipinos Making News**

**TO ADVERTISE please email at filipinonewswaves@gmail.com**

**TOPIC: Philippine Olympic Medals**

[Image 37x386 to 173x551]

[Image 324x963 to 456x1061]

[Image 477x819 to 755x1005]
As in past polls, the winning candidates will most likely win their votes through popularity, the 3Gs (guns, goons and gold) while the losers will always whine of being robbed of victory through fraud or cheating and this is because such dirty tactics has been an "institution" in Philippine elections despite the introduction of automated elections.

But what makes the Philippine election style unique is how candidates can manipulate the weaknesses of traditional values such as family and close kinship. You always vote for your "compadre" who gave you past favors, money or helped your son or daughter get a job. The same way, a presidential bet will pay off his financiers with juicy contracts or project once elected. This system has bred corruption on a wide scale and it's a never ending cycle. Thus, the system of "patronage" has always been a stumbling block in a system that cannot be said as fair and even.

Who got the gold (money), the goons (to terrorize voters) and the guns seemed to have the upper hand.

Money can buy an entire family or a whole barangay come election time and whoever is the highest bidder gets the votes. This is a sad reality in Philippine election.

There was this story that a presidential bet in the 1990s lost by a small margin because the administration bet was able to withdraw money from the banks that was already closed one day before the voting was to start. The bank was ordered to open at the request of higher authorities.

Election spending is mind boggling. The amount of money that circulates even before the official 90-day campaign commences amounts to billions of peso.

Under the law, each presidential candidate is allowed to spend at least P10 for each voter which means, multiply that with some 55 million voters, it could amount to at least half a billion in pesos with an additional party spending allowance of some P25,000,000.

The total for each candidate will be at least P800 million to P1 billion.

But in reality, a presidential bet will have to spend between P10 billion to P20 billion, gross take. As they say, money flows like water during election time.

A barangay captain (village leader) whose area has a big vote, can guarantee a candidate's win in his area. He can guarantee a candidate's win in his area. The families and other lesser leaders in the barangays are the main voters for presidents and senators. Manny Pacquiao is now a much pillarioned person. The most hated man in the universe.

In an interview over TV 5 on his views on same sex marriage, Pacquiao, who is known as a conservative Christian, called gay people as 'worse than animals'.

"It's common sense. Do you see animals mating with the same sex? Animals are better because they can distinguish male from female. If men mate with men and women mate with women, they are worse than animals," Pacquiao said in a minute of Tagalog and English.

But he later apologized after a stream of criticisms flooded social media, newspapers and international outlets, including BBC (British Broadcasting Corporation, ), CNN (Cable News Network), and CTV-Toronto among others, highlighting his slur on gay persons.

A comment from noted Hollywood blogger Perez Hilton described gays as worse than animals and may- be also than animals and may- be too, Pacquiao is now crossing his rubicon with his upcoming "last fight" with Timothy Bradley. But the biggest fight of career may yet to be: Pacquiao versus the LGBT with the Filipino people.

Pambansang kamao...now, a Pambansang Kahihiyusan and an international embarrassment...

Did Enrile asked the reopening of the Mamasapano case to get back at President Aquino? There was nothing new in the proceedings of the case nor was there any new information or revelation. Truth of the matter, Enrile has good will, who am I to say it is unfair to get back at President Aquino?

He showed how the leadership has bungled its way in launching a covert operation that blew in their faces at the same time causing the deaths of 44 specially trained police commandos.

The casualty here is of course Mar Roxas, whose chances of being president is
A day after the Year of the Fire Monkey started, the gates of the “pambansang kareera” for candidates for national positions in the May 9 elections have opened.

The opening salvos of the foremost contenders for the highest position, the presidency, boomed in such fiery heat as the official campaign period began last February 10 and the race kicked off in a somewhat cooled mood if not measured heat by the top “bidas” but also incensed expressed hate among commuting public as the respective top candidates’ proclamation rallies created monstrous traffic jams in the strategic areas where they were held.

Of production design quality, survey presidential frontrunner Grace Poe chose the historic Plaza Miranda in Quiapo, Manila to spell out her gov- ernance agenda reprising her famous dad FPP’s classic movie line “puno na ang salap” (enough is enough) in ref- erence to the battle against poverty, corruption in government and the criminals who would also be target of her administration, to the cheering of a packed crowd estimated at 8,000. Without losing the touch for emotion- al appeal, candidate Poe noted that the drama of her life started at a church in Iloilo where she was found as an infant, it is fitting that the next chapter in her life should be launched in front of the Quiapo Church very much revered by multitudes of “maso” devotees.

Laying the core values of her candida- cy, Senator Grace Poe made her pledge “before the people, before God… I am Grace Poe, mother, daugh- ter, Filipino. With all my heart and God… I am Grace Poe, mother, daugh- ter, Senator Grace Poe made her

*   *   *

VERONIKA

Addressing students, she called on the youth to give importance in choosing the right kind of leaders and swung at her two rivals: one, as a candidate who “is not sure where she was born” and another who “faces many can- dants about stealing but is still run- ning.” No clues needed but we do

(Continued on Page 9)
Anti-crime advocate Lauro Vizconde dies

Lauro Vizconde founded the Volunteers Against Crime and Corruption (VACC) after his wife and daughters were brutally murdered in 1991

MANILA, Philippines— Anti-crime crusader Lauro Vizconde died last Saturday afternoon, February 13. He was 77.

Vizconde died at 5:15 pm on Saturday, Dante Jimenez of the Volunteers Against Crime and Corruption (VACC) confirmed to Rappler.

Vizconde was earlier confined at the Unihospital Paranaque Medical Center in Sucat, because of a heart attack, before suffering a fifth heart attack on Saturday.

The Vizconde family said in a statement that Vizconde’s heart attack was triggered by diabetic and pulmonary complications.

"Pagkatapos ng 25 taon na nangpakipalito para sa hustisya, kahit na kapiling na po ni Ka Lauro at kanyang asawa, na si Estrellita at mga unak na ala Carmela slowly being eroded.

Nomination proceedings for Michelle Serrano are well underway. Barring any last minute nomination, Serrano may yet to be the next senator in the Red Chamber.

Actually, we could have ended up with two lady senators if not fate intervene.

I was told, Dr. Vicky Santiago could have been our first senator years back as she was the first priority nominee but, because of her busy work schedules such as maintaining her dental clinic and other concerns, she had to beg off and the rest is history.

Trouble was, there was only one other nominee remaining.

By the way, one of the recommending personalities said there had been other several nominees, he would have chosen another one but, he had no choice.

Photo from Lauro Vizconde’s Facebook page

Japanese emperor visits Philippines to mourn WWII dead

By JIM GOMEZ Associated Press

Japan’s Emperor Akihito and his wife Empress Michiko also lay a wreath at the Tomb of the Unknown Soldier at the Libingan ng mga Bayani in Taguig City, Wednesday (January 27). The Imperial Couple arrived in Manila on Tuesday for a five-day statevisit marking the 60th anniversary of Philippine-Japanese diplomatic relations. (Photo by Benhur Arcayan / Malacañang Photo Bureau)

MANILA, Philippines (AP) — Japan’s emperor said Tuesday that his nation must remember the tremendous loss of life in the Philippines in World War II, as he and his wife began their first visit to the Southeast Asian country, which suffered under Japanese wartime occupation.

Many Filipinos, Americans and Japanese lost their lives in the Philippines during the war,” Emperor Akihito said in a statement he read before departing from Tokyo. “Especially in the battle in Manila, a tremendously large number of innocent Filipino civilians were victims. Upon making this visit, we need to bear this in mind at all times.”

The 1945 battle for Manila between Japan and allied U.S. and Philippine forces leveled the capital city and left more than 100,000 dead, according to Philippine historians.

Relations between Japan and the Philippines have improved dramatically in the seven decades since the war, with Japan becoming a major trading partner and aid donor for the Philippines. Akihito’s visit is seen as a strong sign of a further deepening of ties as the two countries, which are both close American allies, confront China over long-contested maritime territories.

Japan’s Self Defense forces have staged joint search and rescue exercises with the Philippine navy near the disputed South China Sea and are providing the Philippines with coast guard patrol boats.

Akihito, who is a revered symbol of Japanese unity but plays no political role in his country, has no plans to discuss security issues such as the territorial disputes or demands for an apology by Filipino women who have accused Japanese forces of forcing them into wartime sex slavery, according to Hatsuhisa Takashima, the emperor’s press secretary.

Akihito and Empress Michiko were met at Manila’s airport by President Benigno Aquino III, his top Cabinet members and his sister. Aquino is to formally welcome Akihito at the presidential palace on Wednesday and then have a brief private meeting. The president will hold a state banquet for Akihito and Michiko later Wednesday.

Defense Secretary Voltaire Gazmin, among the Philippine officials who welcomed Akihito at the airport, said the first visit by a Japanese emperor to the country following the last world war is a milestone.

Gazmin said the Filipino generation that saw the horrors of the Japanese occupation in the 1940s still remembers that period, but that it is time to move on as the two nations, now strategic allies, face common security concerns in the region.

“It’s really more painful for us because my father was a veteran soldier who was forced into the death march,” Gazmin told The Associated Press, referring to the Bataan death march, when Japanese soldiers forced tens of thousands of Filipino and American troops to march 100 kilometers (65 miles) from the Bataan Peninsula to prison camps under intense heat and harsh conditions. Thousands died, but Gazmin’s father survived.

“We should move forward and forget and work for a better relation,” Gazmin said. “It’s a necessity, we need allies for our current needs.”

Akihito, 82, is to pay his respects at memorials for both Japanese and Philippine war dead.

He is the son of former Emperor Hirohito, under whose name Japan waged World War II. Akihito was 11 years old at the end of the war.

The emperor’s trip follows his visits to the World War II battle sites of Palau last year and Saipan in 2005. He also prayed for Japanese and U.S. war dead on Iwo Jima in 1994.

Associated Press writers Ken Moritsugu in Tokyo and Teresa Cerejo in Manila contributed to this report.
I am deeply honoured that the voters of York Centre believed in me and entrusted me with the responsibility of representing them in Ottawa. As your Member of Parliament, I will strive to make our community and our country a better place.

Canadians voted for a Liberal government on a platform of change. Our new government is working hard to quickly bring about the necessary reforms to reenergize our economy; a program or application— for example, a permanent residency or visa application— is daunting and they need help send these boys to Manila. The funds raised will help cover the team’s expenses on airfare, accommodation, food and transport during the tournament. The task at hand is daunting and they need your help.

For interested sponsors and donors, please contact Michael Cruz, DCB President, at 416-795-8985 or by email at durhamcrossoverbasketball@gmail.com.

For more information, visit www.durhamcrossoverbasketball.weebly.com.

Michael Levitt, Member of Parliament for York Centre, invites you to attend the inaugural York Centre Summit.

MEMBERS OF THE YORK CENTRE COMMUNITY AND MEDIA ARE INVITED TO EVENT.

Mr. Levitt, along with local representatives from all orders of government, will be available to answer residents’ questions and address constituents’ concerns in a public forum.

Refreshments will be served (Kosher options available).

When: Sunday, February 21, 2:30 pm—4:30 pm
Where: Antíbes Community Centre
140 Antíbes Drive, North York, M2R 3J3
RSVP to: Dan Lovell, 416-638-3700 or michael.levitt.c1@parl.gc.ca

MP Michael Levitt
Constituency Office
660 Wilson Avenue
Toronto ON M3K 1E1
416-638-3700.
Michael.Levitt.c1@parl.gc.ca

SUPPORT TEAM CANADA

Durham Crossover Basketball is under the auspices of North American Basketball Association (NABA) to represent Canada in the upcoming SM NBTC League in the Philippines on March 13-17, 2016 at the Mall of Asia Arena. This is a premier league back home that gathers the best of high school teams all over the country and games are to be telecast through their media partner. This is the first time that a team from Canada is to participate in this prestigious league and we intend to build good relationship with colleges and universities back home for possible exchange of opportunities in the future.

The team is a selection of the best high school Filipino Canadian players here in the GTA and surrounding cities, the core of which came from our basketball club. They are very much excited to see how they are going to fare with the best high school teams back home. They are also very eager to play and meet new friends. All of the kids are well disciplined, humble and very friendly. They have been working so hard and have come a long way. Years of practices and sacrifices are now bearing fruits for them but they cannot do it on their own. Each member of this team will need financial support from friends and families.

Durham Crossover Basketball Team is inviting you to be part of this endeavour and help send these boys to Manila. The funds raised will help cover the team’s expenses on airfare, accommodation, food and transport during the tournament. The task at hand is daunting and they need your help.

For interested sponsors and donors, please contact Michael Cruz, DCB President, at 416-795-8985 or by email at durhamcrossoverbasketball@gmail.com.

For more information, visit www.durhamcrossoverbasketball.weebly.com.

At Councillor James Pasternak’s skating party at Chapley Park

Michael Levitt, Member of Parliament for York Centre at Pasternak’s town hall meeting held recently. PHOTO BY WAVES

Michael Levitt, Member of Parliament for York Centre, invited to attend the inaugural York Centre Summit.

TO ADVERTISE please email at filipinonewswaves@gmail.com

Toronto Mayor John Tory, Councillor James Pasternak and Michael Levitt, MP for York Centre at Pasternak’s town hall meeting held recently.
(Continued from page 3)

Pacquiao likens gays to...

ers and gay athletes’ hearts Manny Pacquiao just broke,” added netizen Jaythann Edrick (@morejazhayoh). 

Not sure if the best way to re- fute Manny Pacquiao’s “masahol pa sa hayop” (worse than animals) statement is to tell him that he is homosexual animals,” Jacques Jimeno tweeted (?@jaccjimeno).

Symbol of bigotry

Even celebrities like spoken word poetry performer Juan Michael Remoto (@TheRainBro) tweet- ed. Singer Aiza Seguerra called Pacquiao an “ignorant, bigoted hypocrite.”

On Instagram, Seguerra said people should not vote for Pacquiao even if he had brought the country honor.

“You might’ve done our coun- try proud but with your state- ment, you just showed the whole country why we shouldn’t vote for you... You are an ignorant, bigoted hypocrite. You made me lose all the respect I had for you,” Seguerra read.

Beauty titlist Dhiño, Seguerra’s wife, commented on Facebook, in Filipino. “Your punches on Manny Pacquiao’s head may have scrambled his brains! ... How sad.”

(Continued from page 1)

Toronto NBA ALL-STAR...

remind all and sundry that a Canadian-American John Naismith invented the sports in 1861 in Spring- field, Massachusetts.

The 65th edition of the all- star, despite the bitter cold that descended in the city of an unusual winter, did not dampen the fired-up enthu- siasm of both players and fans as Toronto lit up their warm hospitality. Adding historical note and significance to the event, the NBA bade farewell to one of its biggest stars, Kobe Bryant of the Los Angeles Lakers, who played his swan song or his final all- star game before retire- ment this season. This was Kobe’s 18th consecutive all- star game appearance set- ting a precedent of sorts. Alongside Kobe, the Rap- tors own Kyle Lowry and Demar Derozan wowed the thousands of crowd who braved the frigid weather of the city.

It was after all, as the To- ronto Star’s Bruce Arthur described it, a “celebration of Kobe and Canada” as the 120 NBA players and hun- dreds of celebrities jam- packed the sports venue.

With the inevitable sunset of Kobe Bryant, another generation of basketball great has come to a glorious end.

At best, the Toronto edition of the NBA All-Star week- end defined the city as a major sports hub, a uni- verse of its own in the world of basketball. We can play the game.

Knights of Columbus & New Vision Valentines Dinner-Dance  
Feb 6, 2016
Calling all Bicolanos & Devotees to the Virgin of Peñafrancia

The scheduled Novena Devotion to the Virgin of Peñafrancia for month of February will be on FEBRUARY 21, 2016 (Sunday). The Novena Devotions start at 2:00 pm—Holy Rosary followed by the Novena prayers and immediately followed by the celebration of the Holy Mass. Fellowship reception will follow at the Church hall after the Holy Mass.

PLACE: Our Lady of Assumption Church
2565 Bathurst St, Toronto

This month’s sponsors are the Provinces of Sorsogon and Masbate, care of Mr. Toti and Naty Gutierrez—Tel. 416 751-9437

For more information
Bobby Achacon: 647 456-3641
Paeng Nebres: 416-618-1352

---

WAVES FROM HOME...

wonder why Roxas and Duterte were off in Miriam’s target range. In her Solid North incursion, Santiago, who claim that she was in remission from lung cancer which has become a public and political issue, remarked more than once that Bongbong Marcos is a capable Vice President who can take over as President “if something happens to me.” Just in jest we duly noted.

Yes, kababaysan. The race has started. In the Year of the Fire Monkey that according to some predictions of Chinese feng shui practitioners will be optimistic for the Philippines but with the election season may create some uncertainty. This year threatens to be hot, may explode and burn, in the literal and figurative senses, people’s homes, businesses, money, and relationships that may include personal and political dealings among many of us.

Although the official election campaign period started last February 10, a tidal wave of early “formal and informal politicking” has been tossing us islanders as early as a year ago. Posturing, plotting and behind-the-scene planning or schemes have been cooked, re-baked and re-heated in the boiling pot of ambitions, intrigues and power trips in this season of boon for opportunists and celebrity makers and image shakers of every trade and shade.

It is too early to see the shape of things political to come. The ball is round as they say. And the dribbling will go on until May 9. A lot of matters will still hit the fan in the coming El Nino season of politics. The debris and the fallout will settle until the final count is in.

As the Philippine Daily INQUIRER (one of our trusted sources of solid news and reference for our columns) front-paged this national democratic enterprise, err, exercise: ‘May 9 polls may be PH wildest and closest race’.

True. Our barber Mang Inar has already predicted that on our shiny pate in lieu of a crystal bowl.

The best yet to come? It would depend on our people here at home. We pray that they may not be swayed and blinded by all these calculated postures, poses and preenings by those top jockeys in the running. We, the people, are the horses here. In the final lap, let us not forget we vote not for the trophy and the cash prize. We are running for our future and our children’s lives.

(Continued from page 5)

---

Waves From Home columnist, Diego Franco, affirms that the political derby in the Philippines has begun.
Poe son apologizes for shoe flap

By Macon Ramos Araneta

THE son of presidential candidate Senator Grace Poe apologized Monday for the controversy triggered by a photo he posted on social media wearing sneakers that looked like limited edition Nikes that cost close to P1 million.

“I apologize if anyone was offended by my shoes, it was never my intention to upset anyone,” said Brian Poe Llamanzares, 23, who said he paid P10,000 for what turned out to be knock-offs of limited edition Nike Air Mag Back to the Future Marty McFly 2015 sneakers.

The senator’s son, who quit his job as correspondent for CNN Philippines, said he merely wanted to buy himself something after saving up for months.

“I don’t know much about shoes and I’m not exactly a sneaker expert so when I saw these online [at P10,000] and I liked the design, I saved up and bought the shoes,” Llamanzares said.

Llamanzares had also earlier told online news site Rappler “the shoes did not cost as much as the rumors claim.”

“I bought it online from my own savings. It did not come from government funds as I am a private citizen and not working as a public official,” Llamanzares also told the online news site.

“I used my own hard-earned money. I hope that these rumors and lies are finally put to rest,” Llamanzares posted a photo of himself in the sneakers and was criticized by social media users for an ostentatious display of wealth, saying this was contrary to his mother’s pro-poor image.

BOC to auction 60 pieces of Marcos jewelry

By Evelyn Macairan

MANILA, Philippines - All 60 pieces of Marcos jewelry in the possession of the Bureau of Customs (BOC) will be auctioned off, along with those in the custody of the Presidential Commission on Good Government (PCGG).

The Roumeliotes collection will also be put on the auction block, Belle Maestro, spokesman for Customs Commissioner Alberto Lina said.

“The auction date has yet to be determined… hopefully by next month,” she said.

PCGG commissioner Andrew de Castro said they are leaving it up to the BOC to decide on what would happen to the Roumeliotes collection, it was reported over the weekend.

Comprised of only around 60 pieces of jewelry, the Roumeliotes collection is, however, deemed to be the most expensive among the three Marcos jewelry collections.

It was seized from alleged Marcos associate Demetriou Roumeliotes as he tried to smuggle it out of the country.

It was later forfeited in favor of the BOC as the attempt to smuggle jewelry out of the country is a violation of the Tariff and Customs Code.

The PCGG has given a “conservative estimate” of P1 billion for the three jewelry collections: the Roumeliotes, Hawaiian and Malacanang.

Revenue from the auction would lower the BOC’s collection deficit.

As per PCGG, the three collections were pegged at more than a billion pesos, tenfold from the previous appraisal.

“However, further gemological testing will be required for a more accurate estimate,” Maestro said.

“The BOC and PCGG are currently establishing a panel that will oversee the auction process and the selection of an auction house,” she said.

The PCGG could not disclose the value of each collection because this might affect the bidding prices,

Llamanzares posted a photo of himself in the sneakers and was criticized by social media users for an ostentatious display of wealth, saying this was contrary to his mother’s pro-poor image.

But Antonio Aguirre, proprietor of the specialty sneaker store Sole Slam Manila, said on his Twitter account that the shoes were obviously imitations.

The genuine item, which is self-lacing and lights up just like the ones in the 1989 movie Back to the Future 2, sells for as much as $20,000 on eBay.

The senator defended her son, saying he did not steal to buy the shoes and said he was entitled to do so.

“He saved up for that a long time. Even if assuming I was not agreeable to it, it made him happy. He has a right to it. Why should we stand in the way?” she added.

She said her son should be spared from political attacks since he has done nothing wrong.

“He is a private citizen who deserves his privacy,” she said.

THE STANDARD.
Mrs. Philippines PIDC 2016 Candidates

L-R Emma Andrada, Jacqueline Tayag, Natalia Versoza Hilse, Madelyn Duyo, Rosalinda Tom, Lauren Lamando MacLeod & Chloe Norolob. Not in the picture: Cristina Revilla. Coronation night for the 8 lovely candidates will be held on Saturday, March 19, 2016 at Rembrandt Banquet Hall.

PHOTO BY FLORO VIRTUCIO

Ateneo Alumni Association Canada Elects New Officers for 2016-2017

The newly-elected officers are as follows: Chairman – Reynaldo Reyes (Ateneo de Manila); Vice Chairman – Bill Quebral (Ateneo de Zamboanga); Treasurer – Jose Gutierrez (Ateneo de Naga); Secretary – Floro Dabu., Jr. (Ateneo de Naga and Ateneo de Manila); Assistant Secretary – Medy Chua (Ateneo de Naga); Press Relations Officer – Bernie Sychangco (Ateneo de Manila); Sergeant at Arms – Ed Doroja (Ateneo de Zamboanga); Auditor – Robert Chua.

Retro World REtroSPECT Reunion Concert Tour 2016 in Toronto!

Remember those vintage clothings, shoes, hair, stylish fashion, music from the 70s, 80s, 90s up to 2000 and of course, the Philippines’ Retro Pop Music Authority - REtroSPECT!

The guys are back and will hit your new year with a grand musical reunion billed as “RetroWorld REtroSPECT Reunion Concert Tour 2016!”

The hip band is composed of J. Martin, now from Guam USA, Em-J from Naples Italy, Ogie from Manila and Goldie from Vancouver Canada who were hailed as the Philippines’ 23rd ALIW Award’s Best Group Performer (Hall of Fame Awardee) and Certified by American Federation of Musicians (APM) of USA and Canada as Internationally-Renowned Retro Pop Group!

The reunion concert tour kicks off in Cebu City at the Waterfront Hotel & Casino in Lahug on January 15, 2016 at 8pm in line with the Sinulog Festival celebration then on January 29, 2016, the grand concert tour continues at the Music Museum in Greenhills, San Juan with the grand party starting at 8PM!

But the reunion concert in the Philippines doesn’t stop there. RETroSPECT will also be having their world tour! They will be invading Toronto, Canada on March 5, Saturday – 7pm at Prestige By Night located at 4544 Dufferin St., North York, ON M3H 3X2.

During the concert, witness the lavish production numbers to include RETroSPECT paying tribute to the music icons - Michael Jackson, Tina Turner, Whitney Houston, Boy George and the band’s signature retro covers including their original hits in the past like “Shake Your Booty”, “Bakit Nga Ba?,” “It’s Party Time,” “Chika Doo,” “Getaway,” and “Who Will” among others. They will also keep the crowd partying with their revival hits like “Hot Stuff,” “Play That Funky Music”, “Reunited” along with OPM hits like “Pag Tumatagal Lalong Tumitibay”, “Hagkan” and a lot more retro hits from the past!!! /JA
Manila, Philippines – Nike’s decision to drop Manny Pacquiao as endorser is not the first for the sports apparel giant. This after Forbes reported that the company did not sign Pacquiao to a fresh contract after their first deal expired in 2012.

Forbes’ Kurt Badenhausen said that Nike wanted to evaluate what the boxer could still bring to the table after losses to Timothy Bradley and Juan Manuel Marquez in that same year – the last one a shocking knockout.

“This is not the first time Nike dropped Pacquiao as an endorser,” wrote Badenhausen. “Nike did not renew their partnership after it expired at the end of 2012. There were calls for Nike to drop Pacquiao in the first half of that year when he made similar comments about same-sex marriages, but Nike waited to see Pacquiao’s performance in the ring. It wasn’t good.

Pacquiao, who is in the middle of controversy after issuing derogatory remarks toward same-sex couples, had been wrongly accused of issuing almost the same comments a few years ago, something he denied.

That’s when Nike and other companies which had Pacquiao as their endorser started distancing themselves from the boxer.

“[Pacquiao] lost both his fights, including a devastating knockout at the hands of Juan Manuel Marquez in December 2012. Almost all of Pacquiao’s endorsement partners walked away at that point with Pacquiao looking like a shot fighter. Nike walked away too, according to Pacquiao’s camp,” Badenhausen continued.

“Pacquiao returned to the ring in November 2013 and registered two straight wins, which brought Nike back to the table in the second half of 2014. Nike launched a line of hoodies and t-shirts in April 2015 ahead of the [Floyd] Mayweather bout.”

Pacquiao’s controversial statement, wherein he claimed that people in same-sex relations are “worse than animals,” turned out to be the last straw for Nike, whose sales of the boxer’s apparel were reportedly affected by the (Continued on page 19)

2015 Macluhan Fellowship awardee Joseph Morong in Toronto

Joseph Morong won the McLuhan Fellowship for his excellent reportage of the issues surrounding the peace process in Mindanao, especially the discussions around the proposed Bangsamoro Basic Law. Mr. Morong discussed the peace process in Mindanao with fellow Toronto journalists. Che-che Lazaro (Right) and Wave’s Myrna Soriano (inset) were the recipients of last year’s Macluhan Fellowship award. Photos by Waves.

Toronto journalists, publishers and friends welcome Joseph Morong in Toronto.

Toronto Maharlika Lions Club inducts new members, to hold Charter night Feb 20

Lions Gov. Harold Hobson (center), assisted by PRC & President Alex Castro, Sr. (3rd from L) inducted 3 new members recently at the Lions Den in Scarborough. (L-R) Sponso­ring Lions Joe Roblo & Erlinda Parais, Alex Castro Sr., Harold Hobson, new Lions members Lewis F. Laceron, Milagros G. Tolentino and Julian Baricuatro. (Not in picture) Sponsoring Lion Ferdy Coronel. (inset) TMLC Lion Imelda Acosta received a special award from LCI and Gov. Hobson.

Toronto Maharlika Lions Club will hold its Charter night on Feb 20 at JC’s Banquet Hall, 1886 Ellesmere Rd, Scarborough. Tickets will be available at the door for $40 with dinner, live entertainment, mid-night dessert table and all-night dancing.
UMS HEALTHCARE COLLEGE & MEDICAL AGENCY

Private Career College for PERSONAL SUPPORT WORKERS

Get your Diploma and NACC Certification in 6 months!

Call 416 495-9000

FLEXIBLE SCHEDULES!

- Day Classes:
  - M-F 9am - 2pm
- Eve Classes:
  - M-F 5pm - 10pm
- Weekend Classes:
  - Sat & Sun 11am - 5pm

EXTRA CERTIFICATIONS AVAILABLE!

- CPR / First Aid Certificate
- Alzheimer’s / Dementia Course
- Palliative Care
- Diabetes Care
- Brain Basics
- Food Handling

Licensed by the Ministry of Career Colleges and University
UMS teaches the NACC Curriculum.
Students will achieve the NACC Certificate

Winner of the 2013 Top Choice Awards For Best Nanny Service!

TEL: 416 495-9000  FAX: 416 495-9001
EMAIL: info@umsmed.ca  WEBSITE: www.umsmed.ca

2770 Dufferin St, Suite 213, North York ON M6B 3R7

“We Are Driven By Our Commitment To Quality Training and Placements.”
Search for Mutya ng Maynila 2016 is on!

Clockwise: Mutya ng Maynila pageant directors Michelle Serrano, Lorelei and Joseph Redoblado with PCCC Chairman Rolly Mangante, directors Lino Eromaa, Bong Capitin, Vice-Chair Pete Torralba and media director Teresa Torralba during a meeting at Cucina Lounge. Photo by WAVES

10 Of The Most Unforgettable Moments From Black Stars At The Grammys

Black Grammy history

Will Smith’s Grammy Boycott
Before opting out of this year’s annual Academy Awards, Will Smith famously boycotted the 1989 Grammy Awards. Despite earning the first ever Grammy Award for Best Rap Performance, Smith and partner DJ Jazzy Jeff skipped the event when they learned the category wouldn’t be televised.

Lauryn Hill Making Grammy History
Lauryn Hill’s debut solo album, “The Mis-education of Lauryn Hill” is often herald as a classic among music enthusiasts. In 1999, Hill became the first woman to receive the most nominations and awards in one night. After receiving her fifth and final award of the evening for Album of the Year, Hill told MTV News backstage the event was "a beautiful thing, I can’t even tell you. It’s like I’m still dreaming.”

Kanye West and Jamie Foxx’s Performance Of “Gold Digger”
Kanye West and Jamie Foxx made it very clear that “she ain’t messin wit no broke…” during their 2006 performance of “Gold Digger,” which featured Florida A & M University’s Marching 100 band. The pair’s memorable performance concluded with West transitioning into a (Continued on page 24)
The Sixth Annual

MOST BEAUTIFUL FILIPINOS IN CANADA AWARD OF RECOGNITION

The International Professional Entertainment Network knows how important it is when somebody makes an impact in the community or even in somebody else’s life. That is why the Most Beautiful Filipinos in Canada Award of Recognition was created. Our main goal is to honour these people who have really made a difference in Canada.

The prestigious award honours the Filipino who has really made a difference. Someone who has done or achieved something beautiful.

The word beautiful can be defined in so many different ways. More often than not it describes those with physical attributes only. However, it can also be someone who has demonstrated an extraordinary achievement, success, a good deed or a humanitarian service.

The awardees were nominated by individuals, group and organization, based on their positive impact in the community they serve. Nominees can be anybody from any field or endeavour, such as: arts, business, sports, public service etc.

The Most Beautiful Filipinos in Canada will be honoured in a simple but elegant Presentation on Saturday, February 20, 2016, at 7 pm at the Isabel Bader Theatre, 93 Charles Street, Toronto. The Awardees will also be featured in the special edition of the FILIPINO Image Magazine.

For more information please email us at ipenglobal@gmail.com or call us at 416 889 1746.
Now Is the Time to Plan Ahead with Catholic Cemeteries & Funeral Services

Planning Ahead is one of the most loving and responsible things you can do for your family. With the assistance of our knowledgeable and compassionate staff, you can ensure that your wishes are met, avoid emotional overspending and provide peace of mind for yourself and your loved ones.

We are dedicated to providing Catholic families with compassionate care consistent with the values of our faith.

0% Interest Financing and Flexible Payment Terms

To receive your free Estate Planning Guide, call us today.

Now Open: Holy Cross Catholic Funeral Home

416-733-8544 catholic-cemeteries.com

Different Lifestyles.

Different Funeral Styles.

We all go through life differently. We take different paths, choose different friends and follow different dreams. It’s what makes us special. It’s also why we think funerals should be unique. They are a defining moment in our Journey. A time to celebrate a life. And whether we walked our years in wingtips or sandals is not important.

What matters is that you now know a funeral home that recognizes the difference.

Call to find out how a personalized service can reflect an individual and honor a life.

OGDEN
Funeral Homes
4164 Sheppard Ave. E. • Scarborough, ON M1S1T3
(416) 293-5211
www.ogdenfuneralhome.com
Religious Inspirations

At Guadalupe Mass, Pope highlights Mary's 'yes'

Pope Francis’ historic first pilgrimage to the Basilica Shrine of Our Lady of Guadalupe in Mexico City brought reflections of obedience, surrender, and hope as the Holy Father celebrated Mass on Feb. 12. He went on to highlight Mary’s availability to all those in need, saying her brothers and sisters.

Just as she accompanied Elizabeth, who was in her sixth month of pregnancy, despite her doubts, Mary remained persistent in her requests and made him “her ambassador.” Because of St. Juan Diego’s lowliness, the miracle of Our Lady of Guadalupe was able to proclaim that “we are all necessary, especially those who normally do not count because they are not ‘up to the task,’” the Holy Father stated.

God’s Shrine is the life of his children, of everyone in whatever condition, especially of young people without a future who are exposed to endless painful and risky situations, and the elderly who are unacknowledged, forgotten and out of sight,” Pope Francis said.

The unworthiness of St. Juan Diego can be an example to everyone, the Pope continued, saying Mary favors her children who feel rejected, “assuring us that those who suffer do not weep in vain.”

“Look at the Blessed Mother from within our own sufferings, our own fear, hopelessness, sadness, and say to her, ‘What can I offer since I am not learned?’” the Holy Father said.

The Pope then reflected on a liturgical hymn, asking to have “eyes for you, O Mother, simply contemplating you with a heart quietened by your ten- derness, that silence of yours, chaste as the lilies.”

The Holy Father also noted: “On that morning, God roused the hope of the little ones, of those suffering, of those displaced or rejected, of all who feel they have no worthy place in these lands; the Pope stated.

Pope Francis also noted that St. Juan Diego first experienced true mercy and hope through Our Lady of Guadalupe. Although St. Juan Diego often thought “he was not the right person,” Mary remained persistent in her requests and made him “her ambassador.”

Because of St. Juan Diego’s lowliness, the miracle of Our Lady of Guadalupe was able to proclaim that “we are all necessary, especially those who normally do not count because they are not ‘up to the task,’” the Holy Father stated.

God’s Shrine is the life of his children, of everyone in whatever condition, especially of young people without a future who are exposed to endless painful and risky situations, and the elderly who are unacknowledged, forgotten and out of sight,” Pope Francis said.

The unworthiness of St. Juan Diego can be an example to everyone, the Pope continued, saying Mary favors her children who feel rejected, “assuring us that those who suffer do not weep in vain.”

“Look at the Blessed Mother from within our own sufferings, our own fear, hopelessness, sadness, and say to her, ‘What can I offer since I am not learned?’” the Holy Father said.

The Pope then reflected on a liturgical hymn, asking to have “eyes for you, O Mother, simply contemplating you with a heart quietened by your tenderness, that silence of yours, chaste as the lilies.”

The Holy Father also noted:

(Continued on page 20)
ZIKA VIRUS: A public health emergency

Introduction
Zika virus is an emerging mosquito-borne virus that was first identified in Uganda in 1947 in rhesus monkeys through a monitoring network of sylvatic yellow fever. It was subsequently identified in humans in 1952 in Uganda and the United Republic of Tanzania. Outbreaks of Zika virus disease have been recorded in Africa, the Americas, Asia and the Pacific. This is the same mosquito that transmits dengue, chikungunya and yellow fever.

Signs and Symptoms
The incubation period (the time from exposure to symptoms) of Zika virus disease is not clear, but is likely to be a few days. The symptoms are similar to other arbovirus infections such as dengue, and include fever, skin rashes, conjunctivitis, muscle and joint pain, malaise, and headache. These symptoms are usually mild and last for 2-7 days.

During large outbreaks in French Polynesia and Brazil in 2013 and 2015 respectively, national health authorities reported potential neurological and auto-immune complications of Zika virus disease. Recently in Brazil, local health authorities have observed an increase in babies born with microcephaly in babies born with microcephaly in northeast Brazil. Agencies investigating the Zika outbreaks are finding an increasing body of evidence about the link between Zika virus and microcephaly. However, more investigation is needed before we understand the relationship between microcephaly in babies and the Zika virus. Other potential causes are also being investigated.

Transmission
Zika virus is transmitted to people through the bite of an infected mosquito from the Aedes genus, mainly Aedes aegypti in tropical regions. This can be done by using insect repellent wearing clothes (preferably light-coloured) that cover as much of the body as possible, using physical barriers such as screens, closed doors and windows; and sleeping under mosquito nets. It is also important to empty, clean or cover containers that can hold water such as buckets, flower pots or tyres, so that places where mosquitoes can breed are removed.

Prevention
Mosquitoes and their breeding sites pose a significant risk factor for Zika virus infection. Prevention and control relies on reducing mosquitoes through source reduction (removal and modification of breeding sites) and reducing contact between mosquitoes and people. This can be done by using insect repellent; wearing clothes that cover as much of the body as possible; using physical barriers such as screens, closed doors and windows; and sleeping under mosquito nets. It is also important to empty, clean or cover containers that can hold water such as buckets, flower pots or tyres, so that places where mosquitoes can breed are removed.

Special attention and help should be given to those who may not be able to protect themselves adequately, such as young children, the sick or elderly.

During outbreaks, health authorities may advise that spraying of insecticides be carried out. Insecticides recommended by the WHO Pesticide Evaluation Scheme may also be used as larvicides to treat relatively large water containers.

Travellers should take the basic precautions described above to protect themselves from mosquito bites.

Diagnosis
Zika virus is diagnosed through PCR (polymerase chain reaction) and virus isolation from blood samples. Diagnosis by serology can be difficult as the virus can cross-react with other flaviviruses such as dengue, West Nile and yellow fever.

Symptoms of Zika virus disease is relatively mild and requires treatment of the symptoms. However, more investigation is needed before we understand the relationship between Zika virus and microcephaly in northeast Brazil. Agencies investigating the Zika outbreaks are finding an increasing body of evidence about the link between Zika virus and microcephaly. However, more investigation is needed before we understand the relationship between microcephaly in babies and the Zika virus. Other potential causes are also being investigated.

Support health authorities in their efforts to control Zika virus disease through:
• Define and prioritize research into Zika virus disease by convening experts and partners.
• Enhance surveillance of Zika virus and potential complications.
• Strengthen capacity in risk communication to help countries meet their commitments under the International Health Regulations.
• Provide training on clinical management, diagnosis and vector control including through a number of WHO Collaborating Centres.
• Strengthen the capacity of laboratories to detect the virus.
• Support health authorities to implement vector control strategies aimed at reducing Aedes mosquito populations such as providing larvicides to treat standing water sites that cannot be treated in other ways, such as cleaning, emptying, and covering them.
• Prepare recommendations for clinical care and follow-up of people with Zika virus, in collaboration with experts and other health agencies.

Facts
• Zika virus disease is caused by a virus transmitted by Aedes mosquitoes.
• People with Zika virus disease usually have a mild fever, skin rash (exanthema) and conjunctivitis. These symptoms normally last for 2-7 days.
• There is no specific treatment or vaccine currently available.
• The best form of prevention is protection against mosquito bites.
• The virus is known to circulate in Africa, the Americas, Asia and the Pacific.
DOH may bar Pinoy athletes from Rio Olympics

By Mayen Jaymalin

MANILA, Philippines – The Department of Health (DOH) may stop Filipino athletes from participating in the 2016 Summer Olympic Games in Brazil due to the prevailing Zika epidemic.

Lyndon Lee Suy, DOH spokesman, said yesterday the department will come out with a recommendation on whether or not Filipino athletes should be allowed to join the games before the start of the Olympics in August.

“If the (Zika) cases are still high, then maybe we shouldn’t allow them to go. But if it is already under control, why should we prevent them from joining?” Lee Suy asked.

He said they would have to assess the situation by July, then come up with an advisory.

“What we want is for our athletes to be able to focus on their preparations. We do not want them being bothered and lose their focus on their training,” Lee Suy said.

Thousands of athletes are set to converge in Rio de Janeiro for the 2016 Olympics.

The Philippines is expected to field at least 15 athletes in various sports.

The national basketball team, Gilas Pilipinas, may also join if it wins the FIBA Olympic Qualifying Tournament to be held in Manila in July.

Badenhausen added.

Pacquiao has apologized for the remarks, but he maintained his stance on the issue due to his religious belief.

Nike officially parted ways with Pacquiao early Thursday, saying it will no longer have dealings with the Filipino icon.

“We find Manny Pacquiao’s comments abhorrent,” the company said in a statement. "Nike strongly opposes discrimination of any kind and has a long history of supporting and standing up for the rights of the [lesbians, gays, bisexuals and transsexuals] LGBT community.”

The company is no stranger to cutting ties with its big-name athlete endorsers. According to ESPN.com, Nike has dropped former cyclist Lance Armstrong, running back Ray Rice, running back Adrian Peterson and sprinter Oscar Pistorius as endorsers over the past four years.

Pacquiao will return to the ring for the last time against Timothy Bradley on April 9 in Las Vegas (April 10 Manila time).
BOOK ON “PEOPLE REVOLUTION” LAUNCHED ON FEB. 25

By Joseph G. Lariosa

CHICAGO (JG) – As the Filipino nation prepares to commemorate the 30th anniversary of the EDSA People Power Revolution later this month, Kim Komenich, a photojournalist of San Francisco Chronicle, who won the 1987 Pulitzer Prize for covering during the EDSA People Power Revolution, will roll out his book, “Revolution Revisited” at the Kalayaan Hall of the Philippine Consulate General in San Francisco, California on Feb 25, 2016.

Philippine Ambassador to the United States Jose L. Cuisia, Jr. welcomed the book’s author at the Embassy in Washington, D.C. on 28 January 2016. (Photo courtesy of the Philippine Embassy)

“Revolution Revisited” is a compilation of photographic images of the days leading up to, during, and after the EDSA People Power Revolution, which is considered the first peaceful coup to unseat an autocratic government. Komenich won the Pulitzer Prize in 1987 for his extraordinary coverage of the historical event.

The photographs were also exhibited in a show of the same title at the Ayal Museum and other parts of the Philippines in 2011, and in the Philippine Embassy in Washington, D.C. in 2015.

“We were working, I kept history in mind,” Komenich said while explaining the measures it took to protect and preserve the quality of the photographs.

“On one level, I was just photographing the day-to-day life in the Philippines, but on another, I was watching some of these things happening behind the scenes. What a gift it was to be a witness to this,” Komenich further remarked.

To find out more about the book and how to get a copy, please visit revrev.com/blog or e-mail komenich@me.com.

Mr. Komenich was a former instructor at the University of Missouri and teaches workshops around the country. In 2001 he was a teaching fellow at the U.C. Berkeley Graduate School of Journalism’s Center for Photography. He also taught a Photographic course at Stanford Continuing Studies. (jgbrianso@hotmail.com)


7 WAYS MUSIC BENEFITS... they age.

Even people who have some form of brain damage can regain partial or full access to memories (depending on severity) by listening to music, as listening can help draw on old memories and neurological patterns due to the fact that the rhythm and sounds of music stay within the core of the mind for a long time.

3) Music Makes You Happier

As mentioned before, music has the power to do so much. It can make you feel happy, sad, excited or even pumped up. Listening to music that hits you in a special way causes your brain to release dopamine which is known as a feel good chemical. It causes us to feel emotions like happiness, excitement, joy, etc. Listening to music provides us with the same burst of happiness that we would get from eating a piece of chocolate, sex or certain drugs.

Another study showed that music with a quick tempo played in a major key made people feel happy, while music with a slow tempo in a minor key more easily led to feelings of sadness.

4) Heartbeat, Pulse Rate & Blood Pressure

‘We listen to music with our muscles.’ Nietzsche Studies have shown that music strengthens the heart and improves the recovery time of patients who were suffering from heart disease.

Regardless of the genre of music, listening to your favorite music releases endorphins in the brain that help to improve vascular health. It has been seen that women who listened to music soon after cardiac surgery were much less anxious and even reported having less pain as opposed to those who rested quietly.

An observation made at Massachusetts General Hospital, found that heart patients confined to a bed that listened to music for 30 minutes had lower blood pressure, slower heart rates, and less distress than those who didn’t listen to music.

5) Improves Sleep Quality

Some of the most common things to interfere with sleep are stress and anxiety (heart rates). Since music has the ability to affect both in a positive way, research has found that listening to music at various times promotes better sleep patterns for people and even created more restful sleeps. In some cases music might even be able to be used to effectively treat insomnia.

6) Boosts Your Immune System & Reduces Pain

Researchers from Drexel University found that cancer patients who either listened to music or worked with a music therapist experienced a reduction in anxiety, had better blood pressure levels and improved moods. Music can have positive effects on the psyche, mood, pain and quality of life as well.

“Handang ipaglaban ang inyong karapatan!”

EARL FRANCIS O. DACARA, A.A., LL.B. (Phil)
Licensed Paralegal / Commissioner of Oaths Member, Law Society of Upper Canada

TO ADVERTISE please email at filipinonewswaves@gmail.com
What inspires you? My Instagram account because a lot of people are witnessing my hard work and my dedication to basketball. In return, I also inspire a lot of people that nothing is impossible with God.

Who is your basketball idol? Stephen Curry is my idol. He is humble and he also believes in God. And his shooting is spectacular and his handles are on point.

What is your favorite basketball team? My favorite is the Warriors because they have amazing teamwork.

Who coached you or helped you improve your basketball skills? My dad helped me improve my ball skills and I would like to thank him for motivating me, driving me to the court, and supporting me. And my Mom, despite her health, she supports me 100%.

Besides dribbling/ball handling what other skills are you good at? I'm also good at shooting and passing. And I have a lot of experience because I played for a lot of club teams and coach-es since I was in Grade 4, especially AthElite. I am very good in Math, I am also attending Kuman-Happy Learning Center in Westminster. That helps me a lot.

Do you have trophies/medals in basketball or is this the first competition you joined? I have 2 MVP trophies. I won the Knights of Columbus free throw competition: District and Lower Mainland.

Are you inclined to pursue a basketball career? I'm very inclined to pursue my basketball career. I practice almost everyday, rain or shine and even snow. And I believe I have the most wonderful and special gift from God. And I know one day I can share this to a lot of young ballers that anything is possible if you believe.

How do your parents support you in your passion? How do you balance this with your academic and other pursuits? My parents supported me by always cheering me on in my games and driving me to my games and practices. I always prioritize my studies first before any- thing else. In my spare time, I go to the Richmond Olymp- ic Oval or the community Center for basketball prac-tice.

What is your ultimate dream? My ultimate dream is to play in the NBA. I also want to create a program and train young kids on how to get handles, especially those coming from families who can’t afford it.

Lance Fuentes: Dribbling his way to the spotlight

7 Ways Music Benefits Your Heart, Brain & Health

Music is like exercising the brain and is useful in meditation -which has a ton of health benefits.

The fact is, there isn’t a single human culture on earth that has lived without mu-sic! For example, native Afri-cans and Americans both used music in the form of chanting for their rituals and healing ceremonies. In ancient Greece music was used to ease stress, soothe pain and help with sleeping patterns. Many have said music heals the soul, and it appears that they were right!

How Music Benefits Our Health

1) Improves visual & verbal skills

Several studies have shown that music education at an early age stimulates the child’s brain in a number of ways that helps to improve verbal skills, communica-tion skills and visual skills.

A study that looked at 4 to 6 year olds who were subject to one month of musical training that included train- ing in rhythm, pitch, melo-dy, voice and basic musical concepts resulted in en-hanced ability to under- stand words and explain their meaning.

A study using subjects that were 8 to 11 year olds found that those who were involved in extra-curricular music classes were devel-oping higher verbal IQ’s and their visual ability was greater than those who were not receiving the training.

Even children as young as one year old who partici-pated in interactive music lessons with their parents had a greater ability to communicate, smiled more frequently and were show-ing greater signs of sophis-ticated brain responses to music.

2) Keeps an aging brain healthy

Research has shown that having musical training and listening to or playing mu-sic in old age can help keep the brain healthy especially as it ages. Since listening to music is like exercising the brain, one can expect the benefits of better memory and mental sharpness as
Mike Espina was losing weight, getting more tired than usual, and growing weaker every day. His energy being drained like the flame of a candle slowly ebbing away. Returning home to the Philippines after working abroad, he went to see a doctor and underwent some tests. There was a mass in his lung and a biopsy confirmed his worst fear: He had stage four lung cancer.

Mike will never forget the day the doctor pronounced his death sentence. He recounts in his blog: “I remember, it was like in a movie. Suddenly, everything stopped and movements became like in a slow motion. I could not comprehend what my doctor was talking about, it could not sink into my head ... I was enveloped by fear because I felt I would die too soon, not achieving the things I wanted to happen in my life.”

A visibly shaken Mike asked himself: “How could this happen to me when I lived such a healthy lifestyle — I ran regularly, ate healthy, and did not smoke?”

According to his doctor, his exposure to petroleum refinery could have triggered the development of cancer cells in his lungs. Mike lived and worked in Kuwait as a product development specialist for a telecommunications company.

Aside from his toxic exposure, his doctor said that stress could also have contributed to his condition, particularly during the worrying worrisome period of his life when Mike was a graduate student in Frankfurt.

Mike’s pulmonologist prescribed oral therapy for three months to shrink the mass found in his left lung. Only after this would they decide on a treatment plan.

After his oral therapy, and buoyed up by an ample dose of support from his friends, Mike underwent another CT scan procedure to check if the mass in his lung had shrunk. Mike got the biggest surprise of his life:

“We have heard stories from lung cancer survivors, and they are stories that touch us,” says Dr. Gerry Cornelio, oncologist at St. Luke’s Medical Center. “However, the challenges of lung cancer remain pressing, and they need to be addressed.”

And the battle rages on. According to the 2012 Globocan statistics of the International Agency for Research on Cancer (IARC), lung cancer is the most common type and cause of cancer death among Filipinos, and top two in mortality among Filipino women.

The World Health Organization (WHO) sees a spike in lung cancer diagnosis in the next 20 years. About 16 years ago, WHO reported 8.2 million cancer-related deaths and 14M new cancer cases (this is expected to increase to 22M in the next two decades).

While smoking is the number one culprit behind lung cancer, there are other factors that increase one’s risk of lung cancer, such as pollution, exposure to high doses of radiation, heredity, and industrial and chemical carcinogens.

Last week was National Cancer Consciousness Week and the Usapang Kanser round-table discussion organized by Merck Sharp & Dome (MSD) instilled awareness of this disease and what’s being done to win the battle vs. the Big C. The good news is, current developments in lung cancer treatment are giving patients — and their families — newfound sense of hope.

“Chemotherapy remains one of the common ways of curing cancer, but there are recent breakthroughs in lung cancer treatment that can help more patients,” reveals Dr. Gary Lorenzo, oncologist from the Makati Medical Center.

The good doctor mentions other forms of therapy, such as radiation, which kills cancer cells, and targeted therapy, which counters specific abnormalities in cancer cells.

But of all the treatment options available to patients, Dr. Lorenzo points out that a form of treatment called immunotherapy has proven very promising in clinical trials abroad.

What’s immunotherapy?

Immunotherapy is a form of treatment where the body’s immune system is trained to recognize and ward off cancer cells. Especially when it is healthy, the body has the natural capacity to fight off cancer cells. Immunotherapy stimulates the immune system to work harder and smarter so it could attack cancer cells more efficiently.

“Immunotherapy allows us to use our immune systems, our bodies, to combat the disease so what we have is not really the same kind of side effects or toxicities that you see with chemotherapy or other cytotoxic agents,” notes Dr. Gerry Cornelio.

The treatment has shown astounding promise as can be gleaned from results of clinical trials presented at the American Society for Clinical Oncology annual conference last year. Aside from lung cancer, immunotherapy was found to be effective against melanoma, kidney, bladder, and head and neck cancers. Immunotherapy has also shown some promise in the treatment of mesothelioma, a cancer related to asbestos exposure.

Cancer patients who participated in the clinical trials in the UK happily reported they have been cured of disease only after weeks of immunotherapy. Some of these patients were initially given only a few months to live.

Indeed, immunotherapy has sparked more than a glimmer of hope for cancer patients in the western world. Once this treatment option becomes available in the Philippines, many patients who are hanging on to a slim thread of hope may just get a second lease on life.

“Lung cancer treatment is still continuously improving. We are hoping that if we can’t beat it, we can at least make it a controllable disease,” discloses Dr. Cornelio. Dr. Cornelio, however, still believes that despite all these developments in lung cancer treatment, nothing beats a healthy lifestyle whenever it comes to battling lung or other cancers. “A sound and healthy lifestyle, and a clean environment, remain important factors in lung cancer treatment,” he stresses.

Immunotherapy: A ray of hope for lung cancer patients
I would like to take this opportunity to wish you and your families a happy and prosperous New Year!

At Luminus Financial, we are thankful for the support of our Filipino community. More specifically, we are also thankful for the support of our Filipino members, which is why we are announcing that Luminus Financial will be extending our offer of FREE Remittances from your account to anywhere in the Philippines for an indefinite period of time.

Due to the overwhelming demand over the last few months, we have decided to continue the program into 2016. We are waiving the fees on ALL remittances. Not only is this offer available to you as a member-owner of Luminus Financial, but it is also available to any of your friends and family. Now is the perfect time to invite ALL of your friends and family to open an account at Luminus Financial and start remitting for FREE!!

We hope this news will start your year off with some excitement! At Luminus Financial, you can always count on your experience of “Clearly Better Banking” and in this case, “Clearly Better Remitting!”

NOTE: The remittance fee will be reimbursed up to a maximum of $10 per transaction on any remittances to the Philippines.

For more information on ‘Remit Now, Pay Later,’ please visit luminusfinancial.com

Box A Smile delivered smiles to 3,000 children over the holiday season

The busy holiday season was made extra special with the activation of Box A Smile, LBC’s Christmas GiftGiving activity during which smiles were delivered to 3,000 underprivileged children in various communities. With the invaluable assistance of Project Pearls, the Box A Smile gift-giving events were a success, drawing volunteers both from the LBC & Project Pearls communities.

Project Pearls, a volunteer, non-government agency headed by Melissa Villa, gathered children in the various communities of Helping Land/Newland, Tondo, Manila, Lubusang Alyansa ng Katutubong Aeta ng Sam-bales (LAKAS) in Botolan, Zambales, and relocated residents of Ulingan now in Barangay Batia, Bulacan. A total of 3,000 children were treated to a Christmas party with games and prizes, lots of dancing and singing, and of course, food and drinks.

With these events, an overwhelming sense of community and camaraderie was felt throughout, in keeping with the spirit of giving, the true spirit of the holiday season. Over 3,000 donor participants from the US were engaged, and co-sponsors likewise provided much-needed assistance for the events.

LBC volunteers from various departments and areas participated in the gift-giving activities: from the principals, executives, and their children, to warehouse personnel, associates and front-liners, delivery associates and teams. The LBC family came in full-force, some employees dressed as Santa Claus, enjoining the children and all present that it is indeed FAMILY that truly makes the holiday season special and memorable.

“LBC has been a very important partner for Project PEARLS. LBC USA has generously provided assistance to Project PEARLS in transporting in-kind donations to Manila from United States. Because of this, we are able to provide to hundreds more children in the communities we serve mainly in Bulacan and Tondo, Manila.

When they informed me that they would like to partner with Project PEARLS for a gift-giving for 3,000 children, I was very grateful and humbled, not to mention, I was jumping up and down from excitement because this is the first time we are able to provide Christmas gifts to over 1,000 children.

LBC and Project PEARLS partnership is more than just a corporate partnership, it is really a partnership for humanity. Together, we are helping and supporting each other in making this world a better and kinder place for all – rich, poor or poorest.” — MELISSA VILLA, Project Pearls

LBC has been a very important partner for Project PEARLS. LBC USA has generously provided assistance to Project PEARLS in transporting in-kind donations to Manila from United States. Because of this, we are able to provide to hundreds more children in the communities we serve mainly in Bulacan and Tondo, Manila.
You and I (Together Forever)
Artist: Rico Puno

Intro: C(add9) | Fm/C | C(add9) | Fm/C

Verse 1
C(add9)
My love
Fm/C
Forever you will always be my
C(add9)
Only love
Fm/C
Forever you will always be my
Em7
Am7
Faithful love
D7sus D7 G7sus G G11-G7
It’s always you, you’ll always be

Verse 2
C(add9)
My love
Fm/C
Forever you will be my first and
C(add9)
Only love
Fm/C
For you alone I’ll give my
Em7 Am7
Everlasting love
D7sus D7 G7sus G G11-G7
I promise you, you’ll always be

Chorus
C(add9) C FM7 (Em7)
You and I will never say goodbye
Dm7 G7sus G7 F/C-C
Will never even wonder why
C E Am-Am/G
You and I will always be
D7sus D7 G7sus G7 Together forever
C FM7 (Em7)
You and I will never say goodbye
Dm G7sus G7 F/C-C
Will never even wonder why
C E Am-Am/G
You and I will always be
Dm G11 G7
Together forever
C - Fm/C – C - Fm/C
In love

Repeat 1

Repeat Chorus except last two lines
Dm G11 G7 G11-G7
Together Forever
C – Fm/C - C

Love

"Music is what feelings sound like"
ABS-CBN Star Kargo launches service in Greater Toronto Area

ONTARIO, CANADA, FEBRUARY 8, 2016 ABS-CBN Star Kargo, a Kapamilya service of TFC that is a one-stop shop for door-to-door shipments from the U.S. to the Philippines, has expanded its coverage by launching on January 16 in Ontario, Canada to serve the Greater Toronto Area.

“Star Kargo Canadianwas conceived with the fast-growing Filipino Canadian community in mind,” said Ray Olano, ABS-CBN North America head of sales and distribution. “There are over 70,000 Filipino Canadian households and many of them have benefited from using our products and services like TFC and myRemit. Thousands have also been engaged by our TFC Events. Adding Star Kargo to our list of offerings in Canada means our customers here can enjoy the same quality, reliability and trustworthy service that ABS-CBN and TFC have been known for.”

To kick off its service, Star Kargo Canada announced its two drop-off locations under Authorized Agent MCA Cash & Cargo Inc.: 6-3500 Pharmacy Ave. Scarborough ON, M1W2T6 and 1445 Courtyardpark Drive East, Mississauga ON, L5T2E3. Pick up of boxes may also be requested.

To celebrate its launch, Star Kargo Canada is offering a Special Introductory Price of $5.00 CAD off per box until February 29, 2016.

To learn more about ABS-CBN Star Kargo Canada, call 416.495.7007 or visit http://www.star-kargo.ca

WILL COCO FIND LOVE WITH ANNE IN “FPJ’S ANG PROBINSYANO”

Anne Curtis and Coco Martin

“I Love OPM” and “It’s Showtime” host Anne Curtis adds kilig to the evening viewing habit of TV viewers as she joins the cast of the number one teleserye on primetime, “FPJ’s Ang Probinsyano.” Anne plays the role of Trina Trinidad, a rich fashion designer who has a bitter relationship with her stepfather Michael Alonzo played by veteran actor Christopher De Leon. As potential harm threatens their family, Michael taps Cardo (Coco Martin) to be their bodyguard and asks help to find out who is the person behind the threats they are receiving. As he faces his new mission, how can Cardo protect Trina and Michael from danger? Will Cardo fall in love to Trina as he does his duty as her bodyguard? Don’t miss the action-packed scenes in “FPJ’s Ang Probinsyano,” weeknights in ABS-CBN. For more information about the program, visit the official social networking site of Dreamscape Entertainment Television at Facebook.com/DreamscapePH, Twitter.com/DreamscapePH, and Instagram.com/DreamscapePH.
**ENTERTAINMENT**

**TO ADVERTISE please email at filipinonewswaves@gmail.com**

### Six Tourists make the cut...

“**I LOVE OPM**” HITS THE RIGHT NOTES IN PILOT EPISODES; WINS NATIONAL TV RATINGS

ABS-CBN’s newest singing competition for non-Filipino singers who love Pinoy music, “I Love OPM,” premiered on a high note with a national TV rating of 24.8% last Saturday (Feb 13) and 20.0% last Sunday (Feb 14), according to data from Kantar Media.

The show, hosted by Anne Curtis with Eric Nicolas, beat its rivals over the weekend which only hit 11.1% and 6.1% respectively.

Eight hopefuls, or called “Tourists,” auditioned but only six of them got the approval from the judges. Among those who made the cut were German-Irish Jena Dimaandal, captivated the crowd with her heartfelt version of Sharon Cuneta's “Himigration Officers” composed of the Philippines' Concert King Martin Nievera, Asia's Nightingale Lani Misalucha, and Ultimate Multimedia Star Toni Gonzaga.

Addy Raj serenaded the crowd with Daniel Padilla’s version of “Hinahanap-hanap kita”. What OPM hits will be showcased next? Who will have the best love story on how they fell in love with the Philippines and Filipino music? Which country will be able to produce the foreigner whom can sing OPM the best?

“I Love OPM” is a first-of-its-kind singing contest for 100% non-Filipino who love OPM music. It is an original concept by ABS-CBN.

Don’t miss “I Love OPM” every Saturday right after “MMK,” and every Sunday after “Rated K” on ABS-CBN.

For updates, follow @iloveopm on Instagram and Twitter or like [https://www.facebook.com/ILoveOPM](https://www.facebook.com/ILoveOPM) on Facebook.

---

### Rosanna Roces to marry her lesbian partner

**Veteran actress Rosanna Roces revealed on Wednesday night that she’s about to marry her long-just lover.**

“I met her when I was 15. In fact, I had Grace so we could have a child to raise together,” Roces said in a TV interview with long-time friend, Boy Abunda.

Grace is Roces’ firstborn.

“She (lesbian lover) thought I love the father of Grace but no, I just wanted to have a child with him,” Roces said on “Abunda Tonight” on ABS-CBN.

She didn’t give any details on the identity of Grace’s father.

Abunda asked Roces what happened to her relationship with the lesbian lover, why they didn’t end up together.

“She just disappeared. Then I had boyfriends, lovers, so many, you know that, Kuya Boy. I change partners as fast as people change clothes,” she said in Filipino.

Now that she’s reunited with her lesbian lover, Roces said she’s changed a lot. The once cantankerous but now happy actress said she has stopped smoking and drinking among other vices. This time, she said it’s for good.

This relationship could be her last.

“I’m not even attracted to men anymore,” Roces said, followed by her signature naughty giggle.

Roces’ revelation came a day after Abunda gave a mouthful to boxing champion Manny Pacquiao because of his anti-gay marriage stand.

Looking back, Roces and Abunda have been friends for more than two decades. In the late 1990s, they used to host the now-defunct “Startalk” once the longest Saturday afternoon show was an oriented talk show on GMA7, which also used to be the home network of Pacquiao.

When Abunda transferred to ABS-CBN to host his own show, Roces eventually returned.

---

### Catch the WAVES every Sunday at www.pinoyradio.com

**MANILA, Philippines – While before she kept mum on something that is nothing more than an urban legend, Susan Roces decided to put a period to the persistent rumor that her daughter, Sen./ Presidentiable Grace Poe is the daughter of Susan’s sister Rosemarie Sonora by former Pres. Ferdinand Marcos.**

"Why would I deny it if it’s true?" Susan finally broke her silence last Tuesday in Bulacan where she accompanied Grace during a campaign. “I was with Rose day and night at that time at hindi siya nakatang ngadlawdawtong- Rose was busy with TV shows and she was visible. That was in 1968, the year Ronnie (FPJ) and I got married, and the same year Grace was born,” and found at the front of the Bulacan Cathedral.

Asked about the possibility of Grace undergoing a DNA test with Sen. Bongbong Marcos (who’s running for vice president) and other Marcos relatives, Susan said, “Ay naku, maraming dekada na ang nakaraan, Grace is past 40, so whatever explanation is useless.”

What is important, according to Grace, is how she is loved and raised by Susan and FPJ.

“The values I learned from my parents make me who I am,” stressed Grace. “What my mom always says is you should have a purpose greater than yourself. It’s something that my Mom and Dad applied in their own lives.”

The TV revival of Carlo J. Caparas’ legendary komiks character Panday on TV5, airing end of this month with Rich- ard Gutierrez in the titular role) pleased Grace.

“In the prequel,”said Caparas, “it will be revealed for the first time that Panday will be shown as a founding, just like Grace.”

Incidentally, did you know that Grace was taught taekwondo by FPJ?

She may be small in build but the truth is that she’s a black belt. So, beware! The Philippine Star

---

### Susan puts a period to the Grace ‘issue’

**Veteran actress Rosanna Roces to marry her lesbian partner**

Rosanna Roces revealed on Wednesday night that she’s about to marry her long-just lover.

“I met her when I was 15. In fact, I had Grace so we could have a child to raise together,” Roces said in a TV interview with long-time friend, Boy Abunda.

Grace is Roces’ firstborn.

“She (lesbian lover) thought I love the father of Grace but no, I just wanted to have a child with him,” Roces said on “Abunda Tonight” on ABS-CBN.

She didn’t give any details on the identity of Grace’s father.

Abunda asked Roces what happened to her relationship with the lesbian lover, why they didn’t end up together.

“She just disappeared. Then I had boyfriends, lovers, so many, you know that, Kuya Boy. I change partners as fast as people change clothes,” she said in Filipino.

Now that she’s reunited with her lesbian lover, Roces said she’s changed a lot. The once cantankerous but now happy actress said she has stopped smoking and drinking among other vices. This time, she said it’s for good.

This relationship could be her last.

“I’m not even attracted to men anymore,” Roces said, followed by her signature naughty giggle.

Roces’ revelation came a day after Abunda gave a mouthful to boxing champion Manny Pacquiao because of his anti-gay marriage stand.

Looking back, Roces and Abunda have been friends for more than two decades. In the late 1990s, they used to host the now-defunct “Startalk” once the longest Saturday afternoon show was an oriented talk show on GMA7, which also used to be the home network of Pacquiao.

When Abunda transferred to ABS-CBN to host his own show, Roces eventually returned.

---

**Watch the WAVES of our Lives every Sunday at 8:30 pm on TV5.**

**Host: KUYA NESTOR**

---

**Filipinos Making News**

**February 2016**

---

**TO ADVERTISE please email at filipinonewswaves@gmail.com**

---

**Filipinos Making News**

**February 2016**

---

**TO ADVERTISE please email at filipinonewswaves@gmail.com**
FEBRUARY CELEBRATIONS: Chinese New Year. Valentine’s Day. Family Day

Sebang Travel
H&G TOURS
www.sebang.ca/eng

At Sebang Travel, we have the knowledge and experience to handle all your travel needs.

SPECIAL FARES
Philippines and Other Asian Countries

LOW FARES
U.S.A / Europe Vacation Package
Cruises / Pilgrimage Tours / Hotels / Car Rentals
Travel Insurance

FARES
First Time Immigrants, Contract Workers and Tourists

FREE ENROLLMENT
Most Airline Mileage Program

Call us Tel: 416-588-3333  Toll Free 1-866-705-4340  Email us: travel@sebang.ca

TORONTO HEAD OFFICE
Tel: (416) 588-3333  travel@sebang.ca
721 Bloor St. W. #102 Toronto, ON  T5C 2088276R

North York
Tel: (416) 588-3333
5418 Yonge St. #111  North York, ON  T5C 43500778

VANCOUVER
Tel: (604) 472-1996
3279-4607 NORTHERN AVENUE BC LICENCE #R38333

MISSISSAUGA (H & G TOURS LTD.)
TOLL FREE 1-888-517-5812 / TOLL FREE 1-844-597-3880
333 Don Mills Avenue #207  Mississauga ON  T5C 500176931

THORNHEY (ORLANDO)
199-1990 Leda Ave. #205  TOLL FREE 1-844-597-3880
7388 Yonge St Unit 2C Thornhill ON L4L 3X2  TICO 003821920
Kapamilya New Year Blowout!

Cheers to the new year and a chance to get **50% OFF** for the first 3 months on any of the TFC IPTV Video on Demand Packages when you sign up between Jan. 1 and Feb. 29, 2016

<table>
<thead>
<tr>
<th>REGULAR RATE</th>
<th>NOW FOR 3 MONTHS!</th>
</tr>
</thead>
<tbody>
<tr>
<td>PREMIUM</td>
<td>$23.95</td>
</tr>
<tr>
<td></td>
<td>$14.98</td>
</tr>
<tr>
<td>PLUS</td>
<td>$22.95</td>
</tr>
<tr>
<td></td>
<td>$11.48</td>
</tr>
<tr>
<td>LITE</td>
<td>$19.95</td>
</tr>
<tr>
<td></td>
<td>$9.98</td>
</tr>
</tbody>
</table>

Subscribe na!
Contact your nearest TFC Dealer.
Visit www.tfc-ca.com

- **AURORA CAJUCOM**
  Tel: 905-782-0313
- **MANNY GUTIERREZ**
  Tel: 647-864-5226
- **BAHAY-BAHAYAN**
  (Sheppard Ave., W.)
  Tel: 416-990-7780
- **SURO MARKET**
  (WindSOR)
  Tel: 519-915-4281
- **FV FOODS**
  Tel: 416-751-7555
- **KULTURANG PINOY (Bathurst)**
  Tel: 647-748-2270
- **JNP FILIPINO GROCERY**
  (Kitchener)
  Tel: 519-954-7567
- **LITTLE SHOP ON PARK**
  (Kitchener)
  Tel: 306-741-4427
- **VICKI S. SETUBAL**
  Tel: 416-627-0385
- **CAROLINA’S CUISINA (Etobicoke)**
  Tel: 416-239-4800
- **AJ’S THE GROCERY (Milton)**
  Tel: 905-878-8829
- **LASA MANILA (Oakville)**
  Tel: 416-427-3717

Or Call: 1-866-746-6988